



# COVID-19 POLICIES

Below is a list of policies and procedures we have put in place to keep students and staff safe. These are mandatory and must be followed for participation at Reach Gymnastics Club.

1. Only one spectator/guardian per athlete allowed in the gym. When possible, we recommend to pick-up/drop off your child without entering the facility yourself.
2. Do not arrive early and leave immediately after your lesson/class is complete to eliminate gathering in our facility and enable physical distancing.
3. All lessons/classes will end 5-7 minutes early too allow for disinfecting of high touch surfaces as well as all matts/equipment used during lesson/class with a hospital grade Anti-Viral.
4. All coaching will be hands free with strict physical distancing of 6 feet between coaches and athletes in place (no spotting).
5. Any student who is sick or has a sick family member will have to leave/not come to class and not return for the 14-day isolation period. PARENTS/GUARDIAN MUST CHECK TEMPERATURE BEFORE STUDENT IS BROUGHT TO THE GYM.
6. All students and guardians will have to wash their hands upon arrival at facility before entering the gym floor.
7. Our coaches and staff will perform self assessments before each shift and will self isolate for 14 days if they present any symptoms and any lessons/classes will be given to another coach or re-scheduled if necessary.
8. At no point will we exceed more than 1 person per 144 square feet in the training or viewing area including staff as directed by the province of Ontario.
9. Movement through gym will be in one direction with front door as entrance only and back door exit only.
10. There will be no in person office hours. All inquiries will be handled through e-mail at reachgymnastics@outlook.com or by leaving a voicemail at 519-771-1961. We encourage everyone to pay with credit card through Amilia, those who wish to pay in person will do so with coach upon arrival for lesson (do not arrive early for your lesson).
11. Failure to comply with our policies/procedures will result in athlete not being able to participate and forfeiture of refund